

New Release

LES MILLS BODYJAM

No.114

12/22(MON)
14:00~15:00

Akito Abe



LES MILLS BODYCOMBAT

No.105

12/22(MON)
20:35~21:35

Maiko Yamamoto



LES MILLS BODYBALANCE

No.110

12/21(SUN)
13:00~14:00

Taiga Sawaki



LES MILLS BODYATTACK

No.130

12/24(WED)
20:45~21:30

Waka Ota



LES MILLS BODYPUMP

No.135

12/21(SUN)
14:20~15:20

Takumi Wakuno

