

# New Release



## **LesMILLS BODYATTACK**

No.128

6/25(WED)  
20:40~21:40

Riki Suzuki  
Waka Ota



## **LesMILLS BODYBALANCE**

No.108 6/29(SUN)  
13:00~14:00

Chiemi Uchiyama  
Taiga Sawaki



## **LesMILLS BODYJAM**

No.112 6/16(MON)  
14:00~15:00

Akito Abe



## **LesMILLS BODYCOMBAT**

No.103 6/29(SUN)  
14:20~15:20

Chiemi Uchiyama  
Natsuki Omura



## **LesMILLS BODYPUMP**

No.133 6/22(SUN)  
14:20~15:20

Atsunori Yokota

